



2012 USA TRACK & FIELD - WISCONSIN ASSOCIATION CHAMPIONSHIPS

— NO DAY OF MEET ENTRIES PERMITTED —

MEET SITE AND FACILITY

Carroll University's Dennis Panches Track and Field Complex. The track and runways, including Javelin, are Beynon 1000 10ml. Spikes up to but not exceeding 1/4" will be allowed. All team and buses, coaches, athletes and spectators must use the Otteson and Overflow Lot. These parking lots are located on Barstow St. just to the northeast of the complex. All parking to the immediate north of the complex will be reserved for meet workers and officials. Please assist us with this matter.

DIRECTIONS TO CARROLL COLLEGE:

I-94 North to Milwaukee. Exit on I-894 West and proceed to I-43 South. Take I-43 to Hwy 164 (Waukesha-Big Bend). Exit Hwy 164 North. Continue straight for approx. 7 miles to College Avenue. Turn left and go 1 block, turning right on Barstow. Parking lots are on the bottom of the hill, complex will be on your left.

Take I-43 North to Hwy 164. Follow rest of directions above.

Take I-94 West. Exit on Hwy F (formerly Hwy 164). Turn left going south. At Moreland Blvd., do not follow Hwy F. Cross Moreland and continue south on Hwy 18 West (North Street) to Barstow Street which is 2.5 miles south of I-94. Turn left on Barstow. The complex and parking lots will be after you get through downtown.

Take I-94 East and exit on Hwy F (formerly Hwy 164). Then follow directions from Milwaukee.

GENERAL INFORMATION: Check In/Package-Pickup opens at 7:00 a.m. and continues throughout the meet; Quad Graphics Team Support Center on the mezzanine level. _____

COMBINED EVENTS

ELIGIBILITY: The combined events championship is open to all age groups. Participation _____ in the participation limits for the junior olympic championship. Entry Fees for combined events are separate from other event entries.

Bantam (T)-Triathlon-Shot Put, High Jump, 200M (G) 400 M (B)

Midget (P)-Pentathlon-80 M Hurdles, Shot Put, High Jump,

Long Jump, 800 M (G), 1500 M (B)

Youth (P)-Pentathlon 100 M Hurdles, Shot Put, High Jump

Long Jump, 800 M (G), 1500 M (B)

Intermediate and Young (D)-Decathlon (B) Heptathlon (G)

Open and Masters (D)-Decathlon (M) Heptathlon (W) Pentathlon (F)

The age of the competitor on the day of the meet determines the age division for the Open and Masters Athletes.

MEET SCHEDULE: Thursday & Friday, 9:00 A.M.

Decathlon and Heptathlon - Both Days (I / YG / O / M)

Thursday: Decathlon, Heptathlon and then Pentathlon - (M / YTH)

Friday: Decathlon, Heptathlon, Pentathlon (Masters)

Triathlon (9:15 a.m. start)

GENERAL INFORMATION

RESULTS: Computerized results will be generated at the site. Check our web site, www.wiusatf.org, for results. F.A.T. will be used for running events.

USATF MEMBERSHIP: This is the Wisconsin Association USATF Championship. Membership in USATF is required. 2012 membership fees are \$20.00 for competitors 18 and under and \$30.00 for competitors 19 and over. Please obtain 2012 membership online at www.usatf.org before submitting your entry. All youth athletes must be age "verified" (as indicated on USATF Membership). Submit proof of age to Matt DeWitt (See Officers and Committee Chairs). If this is not possible, include the membership fee with your entry and complete bottom of entry form. Parent/Guardian signature is required on the membership and entry forms.

<https://www.usatf.org/membership/application>.

ENTRY DEADLINE: Paper entry forms must be postmarked by

Entry fees are non-refundable after June 8, and no changing of events will be permitted.

COACHES/ADULTS are ____ allowed to coach youth athlete's unless: a) you are the parent, or b) you are a coach for the athlete's club and have completed a background screening check as of June 1st, 2012.

AWARDS: Medals will be awarded to the top six finishers in each age and gender division in each event including all relay team members. Medals will be available for pick up as soon as event results are posted. Please allow adequate time to pick up your medal(s) at the meet or have a coach, friend, or family member pick up medals for you. We will not mail medals that are not picked up at the meet.

FIELD EVENTS: All implements will be inspected upon arrival and those declared legal will enter a common pool for all to use. All pole vault competitors must supply their own pole vault pole. In horizontal jumps and throws, the four (4) attempt rule will be used.

ADMISSION - A nominal Admission (\$2.00 adult; \$1.00 students) will be charged to spectators to watch the events on Saturday and Sunday. Coolers will be allowed for athletes and coaches only.

MEET INFORMATION SOURCES

JUNIOR OLYMPIC CHAMPIONSHIP

ELIGIBILITY: The Wisconsin Junior Olympic Championship is open only to Wisconsin residents. The Championship is divided into six (6) divisions for boys and six (6) for girls. The athlete's year of birth shall determine the division in which the athlete shall compete. Competitors must compete in their own division only. No athlete may compete in younger or older divisions as an individual or a member of a relay team.

*Athletes who are still eighteen (18) years of age through August 1, 2012, shall be eligible to compete in the Young Division.

PROOF OF AGE REQUIREMENT:

If your 2011 and/or 2012 USATF card says "verified" for date of birth, you do not need to submit proof of age with your entry form.

ENTRY FEE: See entry form for fee schedule. Nonrefundable after June 10.

ENTRY LIMITATIONS: Sub-Bantam, Bantam and Midget divisions may enter a maximum of three (3) events. All other divisions may enter a maximum of four (4) events. These limitations include relay participation but combined event participation.

RELAYS: All Junior Olympic relay teams must be from clubs which hold current valid club membership in Wisconsin USATF one week prior to the championship. All Relay Teams should read USATF Rule 302.3, page 176 (The uniform rule will be enforced.) All Relay Teams must also complete a relay team roster entry form. Listing of athlete's name on relay team roster does not count as an event unless they compete in the relay.

MEET SCHEDULE: Check in starts at 7:00 A.M.; racewalk at 8:00 A.M.; meet starts at 9:00 A.M.

DECLARATION FOR 200M: Athletes must confirm their intent to run by checking in at the declaration table at the start of the 1500 for 200M.

USATF JUNIOR OLYMPIC FORMAT: The top eight (8) individuals and the top four (4) relay team finishers in each competitive division of the Junior Olympic Championship qualify for the Region 8 Junior Olympic Track and Field Meet in Wisconsin. Sub-Bantams must be seven (7) years of age by December 31 of the current year to compete at the Junior Olympic National Meet.

WAIVERS

JUNIOR OLYMPICS - ORDER OF TRACK EVENTS

8:00 AM Racewalk (1500 - 3000 - 5000)
9:00 AM 3000 M/5000 M
 100 M Dash Prelims* - Top 8 to Finals
 (Youth/INT/YG) Only
 4 x 800 M Relay
 110/100/80 M Hurdles - Finals
 100 M Dash Finals - All Divisions
 200/400 M Hurdles
 400 M Dash
 1500 M (Also Declaration Time for 200 M)
 4 x 100 M Relay
 800 M
 200 M - Finals Only - Declaration Required During 1500M
 2K Steeplechase - 23 Jumps
 4 x 400 M Relay

JUNIOR OLYMPICS - ORDER OF FIELD EVENTS

HIGH JUMP (2 Pits) G/B Bantam Midget Youth Intermediate Young Pit 1 - Girls Pit 2 - Boys	DISCUS Midget Youth Intermediate Young ↓ THEN ↓ JAVELIN (Follows Discus) Young Intermediate Youth TURBO Midget Bantam Sub-Bantam	LONG JUMP Pit 2 G/B Sub-Bantam G/B Young Intermediate Pit 1 G/B Youth Midget Bantam ↓ THEN ↓ TRIPLE JUMP Youth Intermediate Young Pit 1 - Girls Pit 2 - Boys	SHOT PUT (2 Pads) Young G/B Intermediate Youth Midget Bantam Sub-Bantam POLE VAULT Youth Intermediate Young G/B
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OPEN & MASTERS CHAMPIONSHIP

ELIGIBILITY: The Open and Masters Championship is open to all Wisconsin Association members. USATF members from other associations are welcome.

AGE DIVISIONS: Open-age 19-29. Masters-five year age groups, 30+, 35+, 40+, ... for both men and women. The age of the competitor on the day of the meet determines the age division. No limit to the number of events.

ENTRY FEES: See entry form for fee schedule. Nonrefundable after June 8.

MEET SCHEDULE: Check in starts at 8:00 A.M. June 17th. Meet starts at 9:00 A.M. See ORDER OF EVENTS and EVENTS GRAPH for events offered.

OPEN & MASTERS - ORDER OF TRACK EVENTS

80-100-110M Hurdles-Finals 3000 M/5000 M - Finals 100 M Dash - Finals 4X 800 Relay - Finals 200/400 M Hurdles - Finals	400M Dash - Finals 1500 M - Finals 4 X 100 M Relay - Finals 800M - Finals 200 M - Finals 3K/2K Steeplechase - 28/23 Jumps 4 X 400 M Relay - Finals
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OPEN & MASTERS - ORDER OF FIELD EVENTS

HIGH JUMP - M/W Open Masters	LONG JUMP - W/M Open Masters ↓ THEN ↓ TRIPLE JUMP - W/M Open Masters	SHOT PUT - W/M Open Masters ↓ THEN ↓ DISCUS - W/M Open Masters ↓ THEN ↓ JAVELIN - W/M (follows discus) Open Masters
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2012 CALENDAR

Jan. 6-8th	Level I School - UW-Platteville
Jan. 14th	U.S. Olympic Team Trials-Marathon - Houston, TX
Feb. 3-4th	WISTCA Clinic - Milwaukee, WI
Feb. 5th	WI USATF Indoor Meet - Carthage College
Feb. 18-19th	USATF Youth Midwest Zonal - Proviso West HS, IL
Mar. 3rd-4th	National Masters Indoor Heptathlon - Carthage College
Mar. 4th	Midwest Masters Regional Indoor Open/Masters Championships - Carthage College
Mar. 4th	Spring Meeting - Country Springs, Pewaukee, WI 1-5 p.m.
Mar. 10th	National USATF Youth Indoor - Illinois State University, Normal, IL
Mar. 16-18th	National Masters Indoor Championships - Bloomington, IN
June 14-17th	USATF State Outdoor Meet - Carroll University
June 22-Jul. 1st	Olympic Trials - Oregon
Jun. 26-Jul. 1st	National Youth Meet - Arlington, TX (2013 - St. Louis, MO)
July 5-8th	USATF JO Regional 8 Meet - Wisconsin - UW-Oshkosh (2013 - Dakota's)
July 15th	Midwest Masters Regional - Carroll University
July 15th	Outdoor Track 5,000 Meters - Carroll University
July 23rd-29th	USATF National JO Meet - Baltimore, MD (2013 - Greensboro, NC)
Aug. 2-5th	USATF Masters Outdoor - Lisle, IL
Aug. 18-19th	National Masters Throws Championships - Seattle, WA
Oct. 21st	Road 15km - Prairie Springs Park, Pleasant Prairie
Nov. 28-Dec. 2nd	USATF Convention - Daytona Beach, FL
Dec. 11th	JO National XC - Albuquerque, NM (2013 - San Antonio, TX)

Parkside Athletic Club Racewalk Series

February 5th	TBA	Indoor Track 3,000M - Carthage College
March 4th	TBA	Indoor Track 5,000M - Carthage College
April 1st	8:00 a.m.	Road 5KM - Prairie Springs Park, Pleasant Prairie
May 6th	7:00 a.m.	Road 20KM, 30KM, 40KM, 50KM - Prairie Springs Park, Pleasant Prairie
June 3rd	8:00 a.m.	Road 10KM - Prairie Springs Park, Pleasant Prairie
June 16th	7:45 a.m.	Outdoor Track 3,000M - Carroll College
July 15th	TBA	Outdoor Track 5,000M - Carroll College
August 22nd	6:30 p.m.	Road 3KM - Prairie Springs Park, Pleasant Prairie
September 30th	8:00 a.m.	Outdoor Track 10,000M - Wisc. Lutheran College
October 21st	8:00 a.m.	Road 15KM - Prairie Springs Park, Pleasant Prairie
December 8th	8:15 p.m.	Indoor Track One Mile - Univ. of Wisconsin-Milwaukee

**LOOK FOR UPDATES AT WIUSATF.ORG OR USATF.ORG OR
Contact Pat Pretty 262-675-2605 or Mary Stroud 608-274-4270**

ONLINE REGISTRATION

Available to ALL athletes. Note - 2012 Club Youth Entries MUST register on-line. Registering and paying on-line avoids the \$8.00 ADM fee. WI 2012 USATF Club Teams MUST be in good standing and have necessary background check forms completed.

before registering on-line. If your age has not been "verified" (as indicated on your USATF Membership) send birth verification documentation to Matt DeWitt (see Officers & Committee Chairs). Go to select "On-Line Registration", select "Enter a Meet", choose correct meet from calendar, and complete the entry forms. For assistance, contact Pat Pretty (individuals) or Tom Willis (clubs).

ANNUAL MEETING NOTICE

Wisconsin Senior Olympics

Athletes will be allowed to enter the USATF meet on Sunday June 17th to compete in Pole Vault, Javelin, (Hammer - Friday, June 15th) and Triple Jump for a fee of \$15.00. Contact: info@wiseniorolympics.com

Sr Olympic Athletes (if non-USATF Members) Must Mail in a Paper Entry.

USATF MEMBERSHIP INFORMATION

Membership benefits include the FAST FORWARD magazine, accident insurance, and a growing number of discounts and other offers. Check USATF's website—www.usatf.org—for additional member benefits throughout the year. You may also send a contribution over and above your membership fee.

USATF membership is required for participation in this meet (except for athletes currently competing for a college team). Membership is effective on a calendar year basis and is also available for 2, 3 and 4-year periods. List your 2012 membership number on this entry form or apply for 2012 membership by enclosing the fee shown and completing the additional information on the previous page. You may also join online at www.usatf.org/membership; age 18 and under memberships are \$20.00, over 18 \$30.00. Contact the Wisconsin USATF Membership Chair with any questions and/or for multi-year memberships, ccwalker_uwp@yahoo.com or 262-358-2746.

New or Lapsed memberships must submit copy of birth certificate or other proof of age.

LAST NAME _____ FIRST _____ M F SB BTM MGT YTH INT YGN OPEN/MASTERS ____/____/____
 (circle one) (circle one) DATE OF BIRTH (month day year)

2012 INDIVIDUAL ENTRY FORM - WISCONSIN USATF

Sub Bantam (SB)* Born 2004 or later
 Bantam (B)* Born 2002 - 2003
 Midget (M)* Born 2000 - 2001
 Youth (Y)* Born 1998 - 1999
 Intermediate (I)* Born 1996 - 1997
 Young (YG)* Born 1994 - 1995
 Open (O) Ages 19 - 29
 Masters (Ma) Age _____

• Obtain a current USATF membership from <https://www.usatf.org/membership/application>
 • Register for the event on-line at <http://www.coach0.com>
 • Verify proof of age (if membership card does not say "verified"), by mailing or emailing to Matt DeWitt (see Officers & Committee Chairs)

1. Youth Membership \$20.00 _____
 Adult Membership \$30.00 _____

2. Processing Fee \$ 3.00 **\$3.00**
 Plus - Adult _____ Events @ \$ 7.00 _____
 or - Youth _____ Events @ \$ 6.00 _____
 Combined Events \$8.00/\$16.00

3. \$ 8.00 **\$8.00** (mandatory for paper entries)

TOTAL Fees 1+2+3 \$ _____ Check # _____

If your entry has not been received for any reason, you will be required to pay a \$40.00 late entry deposit fee to participate in the meet. This fee will be held, then returned when the original entry and fee are received. The original entry must show a postmark of June 8th or earlier to have your deposit returned.

Last Name _____ First Name _____ Age on _____ Sex _____ Birth date _____
 June 16 M/F Mo Day Year

Street Address (include apartment number and/or P.O. Box) _____

City and state _____ Zip/postal code _____

Team/Club name (not applicable if unattached) _____ Area code _____ Telephone _____

2012 USATF number* _____ E-mail Address _____

Events Entered (1) _____ (2) _____ (3) _____ (4) _____ (5) _____ (6) _____

Knowing that participating in track and field is a potentially hazardous activity, I enter this meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event/these events including but not limited to falls and contact with other participants. Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, Carroll University, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or

in the course of my participation in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to USA Track & Field, Carroll University, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I understand that entry fees are not refundable. I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)

To avoid delay in obtaining membership, obtain on-line at <https://www.usatf.org/membership/application>.

Please check the codes below for use here.
 You may use one or more codes.

AT: Athlete
 DA: Disabled Athlete
 CH: Coach-uncertified
 CD: Developmental certified
 C1: Coach-Level 1 certified
 C2: Coach-Level 2 certified
 C3: Coach-Level 3 certified

PA: Parent
 OF: Official-uncertified
 OA: Official - Assoc. certified
 ON: Official - National certified
 OM: Official - Master certified
 AD: Administrator

Please check all applicable sports here:

Track Field Road running/LDR Cross Country
 Ultra-marathon Mountain/Trail Race Walking

US Citizen? Yes No

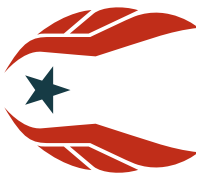
If no, country of citizenship _____

By signing below, I, a prospective member of USA Track & Field, agree to abide by the applicable USATF Bylaws, Operating Regulations, and Competition Rules for my level(s) and category(ies) of membership.

Signature (If an athlete is under age 18, parent or guardian must sign)

ADA Accommodation Policy & Procedures

I am requesting an accommodation for a disability as follows: _____
 (visit www.usatf.org/about/legal/policies/ADA.asp for forms and procedures). It generally takes 4 to 6 weeks from the receipt of all relevant documentation to evaluate such requests. No such requests will be granted if the necessary documentation has not been sent to USATF at least 4 weeks prior to the date of the competition. Also, please contact Mike Chapes, 608-835-4335 or mchapes@gmail.com.



USA
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OUTDOOR MEET 2012

Paper Entries

Due June 8, 2012

On-Line Entries

Due June 14, 2012 (by midnight)

**All Youth Club Coaches
must be registered with a
completed background
screening check by
June 1, 2012.**

**Region 8 Meet
July 5-8th at
UW-Oshkosh**



USA
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WISCONSIN

5203 Whitcomb Drive
Madison, WI 53711

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Milwaukee, WI
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